## Diapers are a basic need no baby should ever have to go without.

But the truth is every day babies and toddlers go without the diapers they need to stay clean and healthy.







## LOW-INCOME FAMILIES WILL SPEND



TWO TIMES AS MUCH AS FAMILIES WHO HAVE ACCESS TO BULK-BUYING OPTIONS FOR DIAPERS.

AN ADEQUATE SUPPLY CAN COST



AND THEY AREN'T COVERED BY SNAP OR WIC.



NOT HAVING DIAPERS MEANS PARENTS **CAN'T LEAVE THEIR CHILDREN WITH A CHILDCARE PROVIDER**, MOST OF WHICH REQUIRE PARENTS TO PROVIDE DISPOSABLE DIAPERS FOR THEIR CHILDREN.



NOT HAVING DIAPERS MEANS A LONGER TIME BETWEEN CHANGES, WHICH CAN LEAD TO SEVERE DIAPER RASH AND OTHER HEALTH RISKS.



NOT HAVING DIAPERS MEANS THAT BABIES WHO CRY BECAUSE THEIR DIAPER IS DIRTY WILL CRY THAT MUCH LONGER, INCREASING STRESS AND ANXIETY FOR PARENTS STRUGGLING TO MAKE ENDS MEET AND INCREASING RISKS FOR PHYSICAL ABUSE.



NOT HAVING DIAPERS CAN ADVERSELY AFFECT A MOTHER'S FEELING OF SELF-WORTH, **NEGATIVELY IMPACTING THE MOTHER-CHILD BOND.** 

## WHO WE ARE

The Central New York Diaper Bank is a nonprofit that was created to assist social service organizations in the Syracuse area distribute diapers to families in need. Our mission is to ensure all Central New York families have access to an adequate supply of diapers, and to build awareness of diaper need in our community.

## **HOW YOU CAN HELP**

- **▼ Donate diapers!** We can accept all new and opened packages of diapers.
- **Donate money!** We can purchase diapers at discounted rates
- **♥ Participate in a fundraiser!** We will be sponsoring fundraising activities throughout the community.